

Orillia Figure Skating Club Spring Session

Week 1: Monday, March 21, 2022 - Friday, March 24, 2022

Mondays

4:00 - 4:15 **Gold** Skills
 4:15 - 5:00 **Gold** Freeskate
 5:00 - 5:20 **Gold** Dance
 5:30 - 5:50 **Bronze** Skills
 5:50 - 6:25 **Bronze** Freeskate
 6:25 - 6:45 **Bronze** Dance
 6:55 - 7:10 **Silver** Skills
 7:10 - 7:40 **Silver** Freeskate
 7:40 - 8:10 **Silver** Dance

Tuesdays

4:00 - 4:30 **Silver** Skills
 4:30 - 5:00 **Silver** Freeskate
 5:00 - 5:30 **Silver** Dance
 5:40 - 6:10 **Bronze** Skills
 6:10 - 6:40 **Bronze** Freeskate
 6:40 - 7:10 **Bronze** Dance
 7:20 - 7:35 **Gold** Skills
 7:35 - 8:20 **Gold** Freeskate
 8:20 - 8:50 **Gold** Dance

****Bronze** skaters will receive group instruction in stroking, artistic or synchro, skills & dance depending on the day

****Silver & Gold** skaters will have two 15 minute stroking lessons per week

** All spring sessions are at Rotary Place, 100 University Avenue, Orillia

Thursdays

4:00 - 4:30 **Bronze** Skills
 4:30 - 5:00 **Bronze** Freeskate
 5:00 - 5:30 **Bronze** Dance
 5:40 - 6:10 **Silver** Skills
 6:10 - 6:55 **Silver** Freeskate
 6:55 - 7:10 **Silver** Dance
 7:20 - 7:35 **Gold** Skills
 7:35 - 8:35 **Gold** Freeskate
 8:35 - 8:50 **Gold** Dance

Saturday

7:00-7:45 am Enhancement # 1
 7:45-8:00 am Enhancement # 1
 Enhancement #2
 8:00-8:45 am Enhancement # 2

NO off ice classes

Orillia Figure Skating Club Spring Session

Week 2: Monday, March 28, 2022 - Thursday, March 31, 2022

Mondays

4:00 - 4:15 **Gold** Skills
 4:15 - 5:00 **Gold** Freeskate
 5:00 - 5:30 **Gold** Dance
 5:40 - 6:10 **Bronze** Skills
 6:10 - 6:40 **Bronze** Freeskate
 6:40 - 7:10 **Bronze** Dance
 7:20 - 7:50 **Silver** Skills
 7:50 - 8:20 **Silver** Freeskate
 8:20 - 8:50 **Silver** Dance

Tuesdays

4:00 - 4:30 **Silver** Skills
 4:30 - 5:00 **Silver** Freeskate
 5:00 - 5:30 **Silver** Dance
 5:40 - 6:10 **Bronze** Skills
 6:10 - 6:40 **Bronze** Freeskate
 6:40 - 7:10 **Bronze** Dance
 7:20 - 7:35 **Gold** Skills
 7:35 - 8:20 **Gold** Freeskate
 8:20 - 8:50 **Gold** Dance

****Bronze** skaters will receive group instruction in stroking, artistic or synchro, skills & dance depending on the day

****Silver & Gold** skaters will have two 15 minute stroking lessons per week

** All spring sessions are at Rotary Place, 100 University Avenue, Orillia

Thursdays

4:00 - 4:30 **Bronze** Skills
 4:30 - 5:00 **Bronze** Freeskate
 5:00 - 5:30 **Bronze** Dance
 5:40 - 6:10 **Silver** Skills
 6:10 - 6:55 **Silver** Freeskate
 6:55 - 7:25 **Silver** Dance
 7:35 - 8:05 **Gold** Skills
 8:05 - 8:50 **Gold** Freeskate
 8:50 - 9:20 **Gold** Dance

Note: There will be no skating on Monday, April 18, 2022
 There will be no skating on Friday, April 15 and Friday, April 29, 2022

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 There will be no skating on Friday, April 15 and Friday, April 29, 2022

Orillia Figure Skating Club Spring Session

Weeks 3-9: Monday, April 4, 2022 - Thursday, May 19, 2022

Mondays

4:00 - 4:30 **Gold** Skills
4:30 - 5:15 **Gold** Free
5:15 - 5:45 **Gold** Dance
5:45 - 6:15 *PreCan*
6:15 - 7:00 *CanSkate*
7:10 - 7:40 **Silver** Skills
7:40 - 8:20 **Silver** Free
8:20 - 8:50 **Silver** Dance

Tuesdays

4:00 - 4:15 **Silver** Skills
4:15 - 4:45 **Silver** Freeskate
4:45 - 5:15 **Silver** Dance
5:15 - 5:30 **Bronze** Skills
5:30 - 6:00 **Bronze** Freeskate
6:00 - 6:30 **Bronze** Dance
6:40 - 6:55 **Gold** Skills
6:55 - 7:40 **Gold** Freeskate
7:40 - 8:10 **Gold** Dance

****Bronze** skaters will receive group instruction in stroking, artistic or synchro, skills & dance depending on the day

****Silver** & **Gold** skaters will have two 15 minute stroking lessons per week

** All spring sessions are at Rotary Place, 100 University Avenue, Orillia

Wednesdays

4:00 - 4:30 **Bronze** Skills
4:30 - 5:00 **Bronze** Free
5:00 - 5:30 **Bronze** Dance
5:30 - 6:00 *PreCan*
6:00 - 6:45 *CanSkate*
6:55 - 7:25 *Little Stars*
7:25 - 8:10 Advanced Stroking and Spins

Thursdays

4:00 - 4:30 **Bronze** Skills
4:30 - 5:00 **Bronze** Freeskate
5:00 - 5:30 **Bronze** Dance
5:40 - 6:10 **Silver** Skills
6:10 - 6:55 **Silver** Freeskate
6:55 - 7:25 **Silver** Dance
7:35 - 8:05 **Gold** Skills
8:05 - 8:50 **Gold** Freeskate
8:50 - 9:20 **Gold** Dance

Fridays

4:00-5:20 Enhancement # 1 (off ice 6:00pm)
5:30-6:50 Enhancement # 2 (off ice 7:30pm)

Off ice classes to follow at Sports Medicine

Note: There will be no skating on Monday, April 18, 2022
There will be no skating on Friday, April 15 and Friday, April 29, 2022

Orillia Figure Skating Club Spring 2022 Session

StarSkate Program

StarSkate Program

(Must skate a minimum of 2 days)

BRONZE STARSKATE:

Monday - \$50.00 (only two Mondays therefore do not fulfill a 2 day membership)

Tuesday - \$195.00

Wednesday - \$170.00

Thursday - \$220.00

Three Day Membership

(Mon/Wed+ Tues & Thurs) - \$495.00

SILVER STARSKATE:

Monday - \$185.00

Tuesday - \$185.00

Thursday - \$235.00

Three Day Membership - \$515.00

GOLD STARSKATE:

Monday - \$195.00

Tuesday - \$210.00

Thursday - \$240.00

Three Day Membership - \$550.00

There will be no skating on
Monday, April 18, 2022

There will be no skating on
Friday, April 15 and Friday, April 29, 2022

Please register at www.orilliafigureskatingclub.com and click on the **Registration tab**. No withdrawals or refunds will be granted upon the start of the spring session.

*****All payments must be made monthly with a deposit being paid the first day of skating.*****

**Guest skating is limited to three times @ \$20 per session

Coaching Information

Head Coach:

Tracey Zwiens (705) 327-2206 teamtracey@orilliapronet.com

Club Coaches

James Callan jamesfcallan@ymail.com

Markus Leminen (705)728-1410 mleminen@hotmail.com

Skyanne Rowe skyanne.rowe@hotmail.ca

Susan Scott susanbrad@hotmail.com

Out of town coaches are welcome to attend.

REGISTRATION will open soon.
An OFSC email will be sent to you with details regarding registration.

Please make sure you have subscribed to receive OFSC emails in your Uplifter account.

Specialty Programs

Advanced Stroking and Spins : \$95.00

This program is open for silver, and gold skaters and any enhancement skaters. This program is designed to help skaters improve on their speed, endurance, strength, and spin quality.

Little Stars: \$80

This program is designed for skaters to have some extra ice time to enhance the skills and techniques they have learned during the CanSkate program.

This program is by invite only.

Advanced Canskate: \$80

This program is designed for skaters who have almost finished their CanSkate journey and would like extra ice to complete their badges and begin to prepare to move into our Bronze StarSkate program.

This program is by invite only.

Enhancement Session:

Enhancement #1 - \$210

Enhancement #2 - \$210

This program is for skaters looking for extra ice time to enhance their training, develop their techniques and show potential as a competitive skater. Skaters must have a three day membership and must be invited by Tracey Zwiers. Skaters will also participate in the off ice program held at Orillia Sports Medicine.

- All skaters who skated on the Enhancement program during the winter session are invited back to skate
- If there are spots available, an invitation will be sent to other skaters who did not skate in this program during the winter

Enhancement #1 & 2 skaters please review competitive policy on our website.